



IMPACT ON YOUNG PEOPLE AND THE COMMUNITY



“RECHARGE RAISES ASPIRATIONS. A NUMBER OF THE YOUNG PEOPLE WHO COME IN HERE HAVE A VERY NEGATIVE VIEW OF THEMSELVES, AND THEIR ABILITIES... THROUGH WORKING WITH RECHARGE, THEIR ASPIRATIONS ARE RAISED”

Staff Member, Ross High School



Recharge is a young person and community-led organisation based in Tranent, East Lothian that works closely with the local community. In late 2014, Recharge commissioned Northern Star to evaluate the impact of the organisation.

Recharge has two distinct services:

- * **Recharge Connect** focuses on making and sustaining the connection with young people by running drop-in nights, trip programmes and detached youth work
- * **Recharge Extra** looks to advance and deepen the connection made with the young people by offering 1-to-1 support, issue based group work and youth participation

Between 500 and 600 young people a year use Recharge's services.

“IT'S GIVING THEM THAT BIT OF CONFIDENCE TO ALLOW THEM TO FEEL INVOLVED AND PARTICIPATE”

Recharge Staff Member

Impact on young people

- * Young people feel listened to, valued and safe.
- * Young people are able to meet up with friends and socialise as well as meet new people
- * Young people increase their confidence and self esteem
- * Young people develop a greater awareness of the negative effects of risky and harmful behaviour



‘WHEN I CAME HERE, [I] JUST GOT LOTS OF SUPPORT FROM THE STAFF, I GOT INVOLVED WITH THE YOUTHBANK AND EVERYTHING...IT HELPED ME TO CALM DOWN, JUST GET MORE INVOLVED WITH THINGS. BEING HERE MADE ME REALISE WHAT I WANTED TO DO AS WELL.I'VE PROGRESSED ALL THE WAY THROUGH, YES, AND I LOVE IT’

Recharge staff member formerly a young person supported by Recharge

- * Young people have broader horizons and higher aspirations through exposure to new experiences and access to positive role models
- * Young people have learnt to manage their anger leading to improvement in behaviour

Impact on the Community

- * A partnership between Recharge, Police Scotland, Ross High School and East Lothian Council is making a significant impact on reported anti-social behaviour - a 65% drop between 2008/09 and 2014/15
- * Young people are more involved in decision making in the local community

Recharge plays an important role in helping local organisations work effectively together for the benefit of young people. It is a highly respected and valued organisation by young people and partner organisations. The facility is viewed as hugely important for Tranent and the surrounding areas.

This summary is based on a longer impact study please contact Recharge for the full report. <http://www.rechargenow.co.uk>